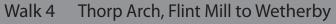
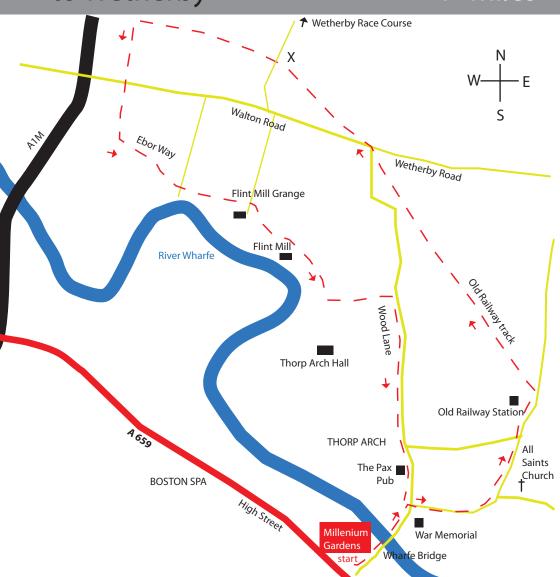
Walk 4 Thorp Arch, Flint Mill to Wetherby

7 miles







From the Millennium Gardens walk down Bridge Road and cross the river on Wharfe Bridge, follow the road straight up into Thorp Arch village passing the War Memorial on your right.

Follow the directions for walk 3 until you reach the crossroads, (marked by an X on map). Walk 3 takes the road to the left, this walk continues straight ahead along the cycle track to Wetherby eventually coming to the A1(M). Do not go under the A1(M) via the underpass but take the path to the left walking along the side of the motorway. You will come to Walton Road, cross over Walton Road and continue along the path again running along the side of the motorway. You will now bear left and join the Ebor Way, continuing along this path, you will pass a line of electricity cables then cross a narrow tarmac road to take the footpath through the middle of a field. Keeping the wood to your right you will come to a large gap in the hedge with a small bench, turn right at this gap and continue until you come to Flintmill Grange again keeping the wood to your right you will see the River Wharfe and Flint Mill by the weir.

Walking forwards along a tarmac road past farm buildings take the unmade road straight ahead, the tarmac road continues to the right. Follow this track as it winds through woodland until it comes out on Wood Lane, turn right on to Wood lane and continue through Thorp Arch village past The Pax inn and the War Memorial and across the river back to Boston Spa.